

East Haddam Senior Center **December 2025**

Monday			Tuesday			Wednesday			Thursday			Friday																	
1 8:15 Pilates 12:00 B.P. Clinic	2 9:00 Tai Chi 9:00 Reiki 9:00 Shopping/ Crmwl. 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	3 8:15 Pilates 9:00 Casino 10:00 Coloring	4 9:00 Tai Chi 9:00 Medicare Open En. 10:00 Knitting 10:30 Ex. Mtg. 10 –12 Computer Help 1:00 Arts & Crafts	5 8:15 Pilates	8 8:15 Pilates 1:00 Club Mtg.	9 9:00 Tai Chi 10:00 Quilting 10:15 Aqua Turf Show 10-12 Computer Help	10 8:15 Pilates 10:00 Coloring 12:00 Holiday Luncheon!	11 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 2:00 Project Jingles	12 8:15 Pilates 8:30 Cora Msg. 1:00 Game Day	15 8:15 Pilates 1:00 Movie	16 9:00 Tai Chi 9:00 Reiki 9:00 Shopping/ O.S. 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	17 8:15 Pilates 10:00 Coloring TBD Red Hats	18 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 1:00 Bingo	19 8:15 Pilates 1:00 Game Day	22 8:15 Pilates	23 9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	24 8:15 Pilates 10:00 Coloring 1/2 DAY! Closing @ 12:00pm	25 CLOSED!	26 8:15 Pilates 8:30 Cora Msg. 1:00 Game Day	29 12:00 New Years Luncheon!	30 9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	31 8:15 Pilates 10:00 Coloring 1/2 DAY! Closing @ 12:00pm							